

Call 111 if you:

- need medical help fast but it's not a 999 emergency
- think you need to go to <u>A&E</u> or need another NHS urgent care service
- don't know which medical service to call
- need health information or reassurance about what to do next

For immediate, life-threatening emergencies, continue to call 999.



Tel: 116 123 Website: <u>www.samaritans.org</u> Talk to the Samaritans any time you like, in your own way, and off the record – about whatever's getting to you.



A helpline for older people in the UK Tel: 0800 470 80 90 Website: www.thesilverline.org.uk A free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year.

My Notes, My Numbers:

My Electrician:

My Gas Engineer:

My Plumber:

Children's Social Care

Multi-Agency Safeguarding Hub (MASH)

Tel: 0300 456 0108

My Doctor: **Kennet & Avon Medical Partnership** Tel: 01672 512187 Website: <u>www.kamp.nhs.uk</u>

Are you a Carer?

If you are, but you are not registered as a Carer with the practice, you can ask at reception and they will provide you with a short form to fill out.

Produced by the Kennet & Avon Medical Partnership Patient Participation Group. January 2022



Kennet & Avon MEDICAL PARTNERSHIP

Patient Participation Group (PPG)

HELP AT HAND

KEY NUMBERS IN A CRISIS

EMERGENCY	In Case of Emergency:
I.C.E.	
Enter the	phone number of a friend or
family me	mber to be called in a crisis
situation.	

Remember to dial 999 in the event of an emergency medical situation

Emergency Utility Numbers

Electricity



Power cut or emergency: Tel: 105

If there is an immediate risk to life or someone is in danger, call 999.

Gas Emergency eg if you smell gas:



Tel: 0800 111 999 (national gas emergency service).

This will tell you immediate actions you should take if you smell gas.

Water

Thames Water Emergency or leak Tel: 0800 316 9800.



Wessex Water Leak or sewage problem Tel: 0800 692 0692

Floodline

Tel: 0345 9881188

Other Useful Numbers

Adult Social Care (Wiltshire Council)

Tel: 0300 4560111

Monday – Thursday 8.30 – 17.20 Friday – 8.30 – 16.20

Advice on benefit support and independent living. If concerned about a vulnerable person, not in immediate danger, and outside the above hours call: **0300 456 0100** Website: www.adults.wiltshire.gov.uk



Wiltshire Farm Foods Caters for all health and dietary needs with ready frozen meals. Tel: **0**800 077 3100 Website: www.wiltshirefarmfoods.co

Bobby Van Trust

Free home security and fire safety service for older, vulnerable and disadvantaged people. Tel: 01225 25927 Website: www.wiltshirebobbyvan.org.uk





AgeUK

Advice and Information for 50+ on:

- claiming extra financial help
- accessing and paying for care and housing
- befriending services
- Trade person list

Tel: 0808 196 2424 Website: www.ageuk.org.uk/wiltshire

Independent Living Centre Tel: 01380 871007



For disabled people of all ages, help and advice re equipment, occupational therapy and a benefits advisor on site two days a week.

Visits to the centre must be arranged in advance. Tel: 01380 871007

Website: www.ilc.org.uk

Address: St George's Road Semington Wiltshire, BA14 6JQ