

Are you
looking after
someone?



8–14 June 2020

HELP MAKE CARING VISIBLE

At the Kennet and Avon Medical Partnership we are here to support all our carers. We hold a Carer's register and any patient who is a Carer can collect a pack from Reception or register by visiting our website www.kamp.nhs.uk and clicking on "Reception and Enquiries" and selecting "Tell us if you are a Carer".

Offer flexible appointments to help you in your caring role.

Liaise with Carers Support Wiltshire who can offer you an assessment, information and support.

Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and recognise the contribution they make to families and communities throughout the UK. It also helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed support.

We now face new challenges as a result of the cononavirus outbreak and many people are taking on more caring responsibilities.

So during Carers Week, we're coming together to help Make Caring Visible.

There are 6.5 million people in the UK who are carers. They are looking after a family member or friend who has a disability, mental or physical illness or who needs extra help as they grow older.

Caring's impact on all aspects of life from relationships and health to finances and work should not be underestimated, and carers are facing even more difficult circumstances this year. Whilst many feel that caring is one of the most important things they do, its challenges should not be underestimated. Caring without the right information and support can be tough.